

Closer to Home Community Services

Over the years, **Closer to Home Community Services** has gratefully received support from Calgary businesses. We would like the opportunity to give back to the corporate community in the best way we know how:

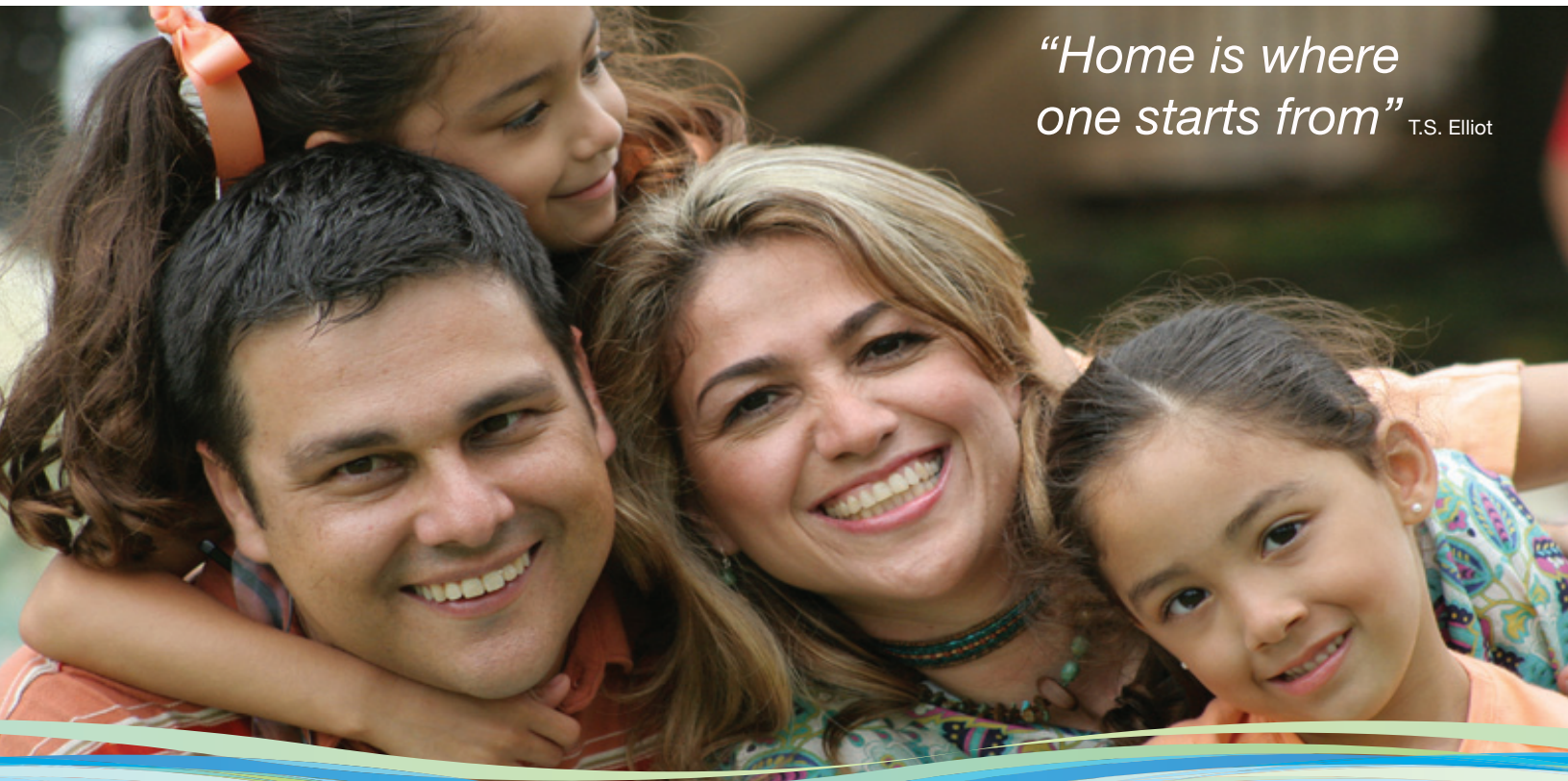
Lunch & Learns

We are experts in providing guidance and tips for families, and parenting strategies that work in our ever-changing community. **Closer to Home's** qualified staff will come to your company to share our expertise with your staff in a relaxed lunch hour presentation.

Closer to Home's Lunch and Learns are structured to include a 20 to 30 minute presentation and ample time for questions and discussion. You choose from a variety of topics that are important to today's families (see back for a list of potential topics).

To book a **Closer to Home Lunch and Learn**, or to learn more about our presentations, please e-mail us at info@closetohome.com or call 403 543-0550 x247.

All you need to provide is the space and the people!



*“Home is where
one starts from”* T.S. Elliot

2010
Lunch & Learn Options

**Getting Your Child
Ready for a New
School Year**

Morning Routines

**Homework Times/
Organization**

Home Alone Safety

**Household
Organization**

**Avoiding Power
Struggles**

**After School
Resources**

**Extra Curricular
Activities/Resources**

**Get Your
Preschooler to Bed**

Literacy

Chores

**How to Recognize
Signs of Bullying**

**How to Address
Bullying**

**What to do When Your
Child Won't Listen**

Technology Safety

**How to Interview a
Babysitter**

**How to Create Self
Esteem in Your Child**

**100 Ways to Praise
Your Child**

**Youth Preferred
Behaviours**

**Responding to your
Child's Stress**

Youth Mental Health

**Problem-Solving for
Young Children**

**Problem-Solving for
Older Children**

**Creating Healthy
Eating Habits**

**Quick Meals for the
Family on the Run**

Talking to Your Child

**How to Help Your
Child's Friend**

Summer Camps