



# West Central Resource Centre (WCRC)

3507A - 17th Ave SW Calgary AB T3E 0B6  
 www.closetohome.com (403) 543-0555



## February 2012

**PLEASE SEE REVERSE FOR TIMES AND LOCATIONS**

### Hours of Operation

Monday 10:00 am - 4:00 pm  
 Tuesday 10:00 am - 4:00 pm  
 Wednesday 10:00 am - 3:00 pm  
 Thursday 10:00 am - 4:00 pm  
 Friday 10:00 am - 4:00 pm

*\*After hours appointments are available on request.  
 Please call WCRC 403-543-0555*

### Important contact numbers

**General:**  
 Community, government, health & social services  
**211**  
 Healthlink  
**403-943-5465**  
 Access Mental Health  
**403-943-1500**  
 Poison control Centre  
**1-800-332-1414**  
 Distress Line  
**403-266-1608**  
 Kids Help Phone  
**1-888-603-9100**  
 Awo Taan Native Women's Shelter  
**403-531-1972**  
 Crisis Counselling  
**1-800-565-3801**  
 Sheriff King Home  
**403-266-0707**

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7 <b>Homework Club</b> See Reverse for times and locations <b>EVERY TUESDAY</b>	8 <b>Homework Club</b> See Reverse for times and locations <b>EVERY WEDNESDAY</b>	9 <b>Women's Group</b> See Reverse for times and locations <b>EVERY THURSDAY</b>	10
13 <b>Kiwehtata Parenting</b> 12:30-4:30	14  <b>Kiwehtata Parenting</b> <b>TBA</b>	15 <b>Kiwehtata Parenting</b> <b>No Class</b>	16 <b>Kiwehtata Parenting</b> 12:30-4:30	17 <b>Kiwehtata Parenting</b> 12:30-4:30
20  <b>Family Day Centre Closed</b>	21 <b>Kiwehtata Parenting</b> 12:30-4:30	22 <b>Kiwehtata Parenting</b> <b>No Class</b>	23 <b>Kiwehtata Parenting</b> 9:00-1:00	24 <b>Kiwehtata Parenting</b> 12:30-4:30
27	28	29		



# WCRC Programs



Program	Description	Location	Date and Time	Contact
<b>Homework club</b> (In partnership with The City of Calgary West Area and Calgary Housing)	Homework Club is offered to children who are in grades 1 through 6. Children receive support with their homework as well as their social/emotional skill development.	1) Bethany Chapel - 3333 Richardson Way SW 2) Glenbrook Calgary Complex - #40 3805 47 Street SW 3) Shaganappi Public Library - 3415 8th Avenue SW	1) <b>Tuesdays</b> 3:30pm-5:15pm 2) <b>Wednesdays</b> 3:30pm-5:30pm 3) <b>Wednesdays</b> 3:30pm-5:00pm	For Bethany and Glenbrook call Amanda (403) 543-0550 ext 244 and for Shaganappi call Katie at ext 224 for details and to register for program
<b>Girl Talk</b> (In partnership with The City of Calgary West Area)	This fantastic program is offered for girls between the ages of 11-17 who live in the Shaganappi or Spruce Cliff area. This group connect youth to positive peers, learn new life skills and social skills. This group also offers safe and fun recreational activities.	<b>Shaganappi Village</b> Pine Place SW	<b>To Be Determined</b>	Call Centre at (403) 543-0555 for details and to register for program
<b>Mother Goose/Jump Start</b> (In partnership with Further Education Society)	For ages birth to 4 years. The program utilizes the benefits of songs, rhymes & stories to create a fun, positive environment to equip parents with new skills.	<b>Shaganappi Library</b> 3415 - 8 Avenue SW	<b>For more information on location, date and times, please contact the Westcentral Resource Centre</b>	Call Minoush at (403) 543-0550 ext. 224 for details and to register for program
<b>Shaganappi Resource Room</b>	A community outreach service for families who live in the Shaganappi area. Services include program referrals, parenting supports, advocacy, crisis intervention, and facilitating successful access to resources.	<b>Shaganappi Village</b> #11, 3520 Balsam Drive SW	<b>To Be Determined</b>	Call Minoush at (403) 543-0550 ext. 224 for details and to register for program
<b>Women's Group</b>	Opportunity for women from the neighborhood for a chance to socialize and get involved in various activities such as sewing, cooking and much more.	<b>Pine Place Resource Centre</b> 3528 Balsam Drive SW	<b>Thursdays</b> 1:30pm-3:30pm	Call Minoush at (403) 543-0550 ext. 224 for details
<b>Kiwehtata Parenting</b>	A hands-on parenting group for Aboriginal parents and children.	<b>Inn From The Cold</b> Suite 106, 110 - 11 Avenue SE	<b>For more information, please contact the Westcentral Resource Centre</b>	Call Jan at (403) 543-0550 ext.250
<b>Local School Programs</b>	WCRC will be running a variety of groups in local schools. If you would like to find out if your children's school is included please call the WCRC		<b>For more information, please contact the Westcentral Resource Centre</b>	Call Centre at (403) 543-0555

## Food:

Calgary Inter-Faith Food Bank

**403-253-2055**

Community Kitchen

**403-275-0258**

Sheriff King Outreach worker is available to meet at WCRC by appointment call

**403-750-5355**

## Legal:

Calgary Legal Guidance

**403-234-9266**

Alberta Works

**1-866-644-5135**

Career Information Hotline

**1-800-661-3753**



Want to volunteer? Call the center at **403-543-0555**